



Instrumental Musicians in Grades 5 through 8!

Welcome to the 200 Minute Practice Challenge!

- For every practice record you submit (up to four!), you will earn one ticket to the Grand Rapids Youth Symphony's March 1, 2020, concert at DeVos Performance Hall (3:00pm)!
- When you attend the March concert, your name will be entered into a drawing to win some **GREAT PRIZES** (once for each practice record you submit, up to four). Last year, we awarded two Apple tablets, a music stand, a music light, and gift certificates to local music stores!
- The first 100 participants who attend the concert will receive a goody bag with some fun items!

To participate, **practice 200 minutes in one week** (not counting in-school practice and concerts). Then **visit our website at www.grys.org and click on the link entitled "200 Minute Challenge"** to access the form in which to document your practice. Complete and submit the form. You can do this up to four times!

Alternatively, you can use the form below (one form per practice week). If you use this paper form, please **PRINT CLEARLY** and send your completed form to: practice@grys.org (email) or 616-452-5301 (fax) or mail to Grand Rapids Youth Symphony, PO Box 8545, Kentwood MI 49518.

Student Full Name: _____
 Student or Parent Email Address (only one): _____
 Phone Number: _____
 Instrument: _____
 School Name: _____
 Current grade in school (circle one): 5 6 7 8
 School Instrumental (or Private Lesson) Teacher Name _____
 School Instrumental (or Private Lesson) Teacher Email Address: _____

Time **IN MINUTES** Practiced Each Day: (Week Starting _____ ex. 09/19/19)

Monday		Friday	
Tuesday		Saturday	
Wednesday		Sunday	
Thursday		Total for the Week	

Parent Signature: _____

DEADLINE: Friday, February 14, 2020

Questions? Contact Michelle Bechill by email: practice@grys.org